

THE WELLINGTON WISHES YOU A SAFE AND BLESSED CHRISTMAS.



Dear Friends,

Christmas time is fast approaching and we know it can be a challenging and lonely time for many people, particularly those people the Wellington works with. Having a supportive community around you, such as the Wellington community, can help many feel less lonely.

Throughout the year the staff and volunteers of the Wellington have worked with great dedication to bring hope to the people that we work with.

During 2018 the Wellington has provided over 5,000 health treatments to people requiring osteopathy, myotherapy, Shiatsu massage, optometry, chinese medicine and chiropractic intervention. We are proud to deliver free allied health services to people who would otherwise not be able to afford such treatment. Our community lunches, drop in centre and foodbank cared for thousands of individuals and families.

As we approach Christmas we would like to make this time extra special for those people using the Wellington Center by showing them that we care and to help them feel valued.

This Christmas we hope to inspire a spirit of generosity, community, belonging and hope.

When thinking about gifts for family members this Christmas give a thought for those who have no family or a family struggling to get by.

I am so thankful for all our supporters. It's a joy to be part of a growing number of people committed to transformation and dignity. We know everyone brings something to the table, and it inspires our work.

I ask you to consider bringing some hope and joy to those who use the Wellington by supporting our Christmas Appeal. Donations can be made by going to the Wellington website www.thewellington.org.au

May you and your family have a safe and blessed Christmas and New Year.

Yours Faithfully

James MacLeod
Chairperson
Wellington Board

